



1727 Pali Highway  
Honolulu, Hawaii 96813

# GOJI

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JUNE 2013



NEWSLETTER  
of the

Honpa Hongwanji  
Hawaii Betsuin

hibetsuin@hawaii.rr.com

Hongwanji Mission  
of Hawaii

Five Year Theme:  
"Path of Entrusting"

2013 Slogan:  
"Live the Teachings"

BETSUIN  
MINISTERS

Chief Minister:  
Rev. Tatsuo Mumeto  
Ministerial Staff  
Rev. Tomo Hojo  
Rev. Bert Sumikawa

## Obon, Obon, It's Festival Time: Betsuin Bon Dance scheduled for June 28 and 29

As in the gatha that is sung during the *Obon season*, "*Obon, Obon, It's Festival Day! We gather friends all along the way and bring fruits and vegetables for the shrine. Like Mogallana many, many years ago.*"

In the classical story of Obon that can be traced back to the Ullambana Sutra, it is the story of a Mogallana who used his extraordinary powers to visualize the whereabouts of his mother who recently died. Mogallana was surprised to find her suffering in the realm of the hungry ghosts, one of the six realms of existences in Buddhism. Using his powers, he filled a bowl with food and had it sent to her. However, as soon as she put the food into her mouth, it burst into flames. Finding himself at wits' end, Mogallana ran to seek the advice of the Buddha. The Buddha explained that although his mother was kind and gentle and appeared devoted to him; in reality she did so forsaking all other people who needed help. The Buddha told Mogallana that it would be impossible to save his mother by himself, but needed the combined help of all beings and that the only way was to make offerings of food.

But in Jodo Shinshu, Obon is characterized as "kangi-e" or joyful gathering. It is a festive occasion to celebrate all that we have as a living beings. It gives us a chance to express our gratitude to our ancestors, teachers and friends, to show appreciation to them and to express how fortunate we are to be able to listen to the Buddha's teachings. We celebrate the opportunity that we have to follow the teachings and to embrace them in our daily lives.

If you recall just a few months ago in the newspapers, there was a picture of a lone pine tree, the only one left standing in a forest full of trees, that numbered 70,000 after the devastating earthquake and tsunami that hit Morioka. This one tree, estimated to be between 270 – 280 years old survived the tsunami. This tree has been a great emotional support for the townspeople, who dubbed it, "kiseki no ippon matsu" the miraculous lone pine tree.

The Forest Tree Breeding Center of the Forestry and Forest Products Research Institute collected 2 inch branches with buds from the tree and started to graft them. If successful, the genetic core of the former forest will be preserved and the grafted trees will be planted in 3 years and the area will be re-forested.

On another note, if any of you have been to the Monterey Peninsula in Northern California, you must have seen this large cypress tree growing all by alone for so many years. Its limbs are twisted and the leaves are just barely hanging on to the branches, but it survives. People wonder, how in the world is this single, solitary tree survive against the cold, windy climate. If you walk up to the tree, you will learn that the reason it can survive is because of its deep and wide-spread root system. Because of the strong foundation that has been laid out that took years and years to develop, this solitary cypress tree is able to sustain itself and live. It is just like you and your family. Without the deep foundation laid down by all the family members that have come and gone, without their deepest aspiration for their succeeding family members, you would not be here today, enjoying this life that cannot be repeated.

Let me tell you this: I am here now, because of my father and mother who gave birth to

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## Rimban's Column: Congratulations to the graduates of The Class of 2013



As students progress through the educational system, they achieve success at a lower grade before moving on to the next phase of their education in

a higher grade. This is a necessary step students must

take. It is the parents or guardians responsibility and the teacher's job to support the children through the educational process.

It is a heart-warming experience for the Betsuin ministers to see the proud and

### Rev Tatsuo Muneto

happy faces of students of the Hongwanji schools graduating each year. In the month of May, the following graduation ceremonies and programs were held at the temple and social hall.

On May 10th, the Baccalaureate Service of the Pacific Buddhist Academy (Hawaii Kyodan) was held. Various awards were presented to the graduates, and all of the eleven graduates received the PBA Shikisho, signifying students of Buddhism engaged in the Buddhist programs. The following day, the school had the Commencement Ceremony at JCCH.

The Hongwanji Mission School had a Preschool Graduation on May 17th. The 39 graduates were honored for their

growth both physical and mental by the teachers and the families. The 8th grades' commencement ceremony was on May 21st.

Twenty two graduates were honored for their educational achievements, physical and mental development, acquiring art, language and Buddhist education. Fort Gakuen, which is a Japanese School under the HMS, had their graduation ceremony on May 20th.

The Honpa Hongwanji Mission (Hawaii Kyodan) and Hawaii Betsuin will continue to offer school education to the members of the community. Our vision is to nurture the children to develop their potentialities to grow to become responsible and compassionate members of the community.



## GOJI

The **GOJI** is a monthly publication of the Honpa Hongwanji Hawaii Betsuin, Tel. (808) 536-7044.. There is no newsletter published for the month of August.

### DEADLINE:

Articles must be submitted no later than the 10th of the month prior to publication. Mail (1727 Pali Hwy, Honolulu, HI, 96813), fax (536-0919), or e-mail (hibetsuin@hawaii.rr.com) all items to the **GOJI**. Please include your name and contact information. Original images should be labeled on the reverse side with caption and return information.

### GOJI STAFF:

Editorial: *Jo desMarets; Dianne Ida, Randy Kawamoto, Ralston Nagata, Mary Tanouye; Rev. Tomo Hojo, Japanese section editor,*  
Production: *Ron Suzuki, Stacy Bradshaw, Alice Omura, Setsu Takashige, Alice Tando, Kimiyo Miyose*

Circulation: *Stacy Bradshaw*

Contributing reporters from *Hongwanji Mission School, Buddhist Women's Association, Dharma School & Parents, Project Dana, Wednesday Gang and Gals, Boy Scouts, Girl Scouts, Pacific Buddhist Academy, and the Kyodan*

The opinions expressed by individual contributors are their own and do not necessarily reflect those of the Honpa Hongwanji Hawaii Betsuin.

## In Memoriam



## March 2013

The Hawai'i Betsuin extends its deepest sympathies to the families of the following members who passed away recently. **JUNE** the family members find solace and comfort in the Nembutsu. *Namo Amida Butsu*

### March 2013

- |    |                        |    |                               |
|----|------------------------|----|-------------------------------|
| 31 | MOTOOKA, Michiko (101) | 18 | HAYASHI, Gary Tetsuo (69)     |
|    |                        | 22 | OKADA, Tomie (88)             |
|    |                        | 24 | OKIMOTO, Rose Etsuko (77)     |
|    |                        | 24 | OKUMURA, Richard Satoru (92)  |
|    |                        | 25 | FURUE, Saeko (84)             |
|    |                        | 27 | YUKINAGA, Marian Shigeko (92) |
|    |                        | 29 | IKEMURA, Tsuru (80)           |
|    |                        | 29 | NAKANO, Tsuneko (97)          |
|    |                        | 30 | MIYATA, Mitsuko (92)          |

### 2013 Memorial Service Schedule

2013 is the memorial year for those who passed away in:

2012 – 1 year	2001 – 13 year	1981 – 33 year
2011 – 3 year	1997 – 17 year	1964 – 50 year
2007 – 7 year	1989 – 25 year	1914 – 100 year

Photos and Collage  
by Ruth Tokumi

# Eshinni & Kakushinni Day

April 28, 2013



Prelude by Hawaii Betsuin Choir

*"Lullaby for Children of the World" & "You Can Build A Bridge"*



M.C. Nathan Clark & Guest Speaker Donna Higashi

## Eshinni & Kakushinni Day Service

*World Peace Day Observance*

The service was a combined service at 9:30 a.m.  
with the Dharma School joining the Adult Service.



Offering of Lights & Flowers by: Celeste with daughter Chelley Endo and Arlene with grand daughter Lauren Matsubara



Gatha Offering *"Do the Good You Know"* by Dharma School



BWA Mother Celeste & BWA Grandmother Arlene

## Temple News and Activities



### BOY SCOUT TROOP 102nd Boy Scout Makahiki

Douglas Yanagihara, Troop 49 Boy Scout  
Elaine Nakamoto

On an extremely hot and humid Saturday afternoon, April 27, 2013, the Boy Scouts of America, Aloha Council, held its 102nd Makahiki at Ala Moana Beach Park. The Makahiki showcases various Scouting skills and activities of participating Cub Scout packs and Boy Scout troops from the island of Oahu. Scouting activities included rope bridges, knot tying, climbing, water bottle rocket launching, and skill games. The Honolulu Police Department, Fire Department, U.S. Coast Guard, U.S. Army, Navy, and other military units had displays for the public to view. Cub Scouts from all over the island gathered to compete in their annual Makahiki Pinewood Derby to determine the Oahu winners.

Troop 49 activity featured a "rat trap fishing" activity using a rope lashed onto a pole with a large knot tied onto the other end of the rope. Scouts and visitors tested their abilities by 'casting' the line out to trigger a rat trap set about 10 feet away. There were a few pinched fingers and flying rat traps, but it was fun. Scouts fulfilled a Geology belt loop from the Cub Scout Pack 49 activity. The Makahiki is an interactive event in which Scouts can meet other Scouts and share skills featured at their booths.



### 60th Annual Eagle Scout Recognition Banquet

By Elaine Nakamoto



Troop 49 Eagle Scouts from the "Class of 2012-2013" who attended the banquet were L to R: Justen Nakamoto, Kyle Kadomoto, Christopher Gum, Christopher Nakagawa, Calen Leonoras, Ryan Ando. Other Troop 49 Eagle Scouts in this "class" are Samuel Saito, Evan Uehara, Spencer Waka-hiro, and Chase Zalewski.

On Wednesday, April 24, 2013, Eagle Scouts who achieved the Eagle Rank in 2012 and 2013 were honored at the Aloha Council, Boy Scouts of America 60th Annual Eagle Scout Recognition Banquet at the Honolulu Country Club. The first Eagle Scout Recognition Banquet was held on Thursday, October 29, 1953 at the Royal Hawaiian Hotel. In 2012, there were 251 new Aloha Council Eagle Scouts. In total, approximately 49,700 hours were spent completing their Eagle Projects.

Each Eagle Scout enjoyed the dinner with a community sponsor who was paired with the Scout according to the Scout's career interests, intended college major, or community involvement. Special recognition was given to Aloha Council's oldest living Eagle Scout, William Paty, Jr. and in memory of Aloha Council Eagle Scouts Lex Brodie, Ellison Onizuka, and William McCool.

# Temple News and Activities

News from the Honpa Hongwanji Hawaii Betsuin Judo Academy  
Axel Obara, Principal Instructor-Of Counsel

## 2013 High School Judo Championships

This year highschool spring, judo program for Hawaii came to a close with very exciting results by our dojo competitors. Although they are enrolled at different schools, public as well as private, the members and families of the entire Judo Academy are very proud of their achievements, not only toward judo, but in academic responsibility. Their judo focus is still prioritized by highest school work accomplishment, good citizenship, other extracurricular activities and communication development in the ohana, to do their best (Gambate!). Being that all of them started judo in the dojo at a very young age, at 5-6 years of age, they fathom the hard work and continuous studying required to move on to achieving their highest potential in personal life.

All of them have religiously participated in our annual, judo tradition of "Kangeiko", which is the winter morning training sessions. This specific, Christmas holiday program tasks them in a 'boot camp' of judo antiquity, for seven(7)-straight mornings, at 6AM-7AM with vigorous exercise and calloused training intended to 'make them cry'. Years ago, all of our Blackbelts (Kurobis) had to go through this 'gauntlet' scheme and endured it without shedding tears or 'wimp-out'. Some can remember that there were times when the windows would fog-up, to emulate the harsher Japan-Kodokan sessions. However, everyone here is not categorized in any 'fall-out' or discharged group.

### Risa Higa-15

Risa is currently a freshman at McKinley High School, out of Kawanakoa. She placed third in her first #129-OIA State Championships. She says she will not back off from pushing herself because her postured attitude is that she can do it on her own. However, like so many in a judo family, she cannot deflect the oldest Blackbelt sister, Brownbelt jinan-sister and Blackbelt 'Otosan-Dad'.

### Jaclyn Fontanilla-15

She is an unassumingly quiet, but intensely-focused individual who shows a true-judo determination spirit. Jaclyn placed first in the #154 HHSAA Championships, in competing in the finals with another of our dojo competitor. She is a freshman at Kamehameha-Kapalama, and holding on to a couple of years in continued 3.8 GPA. Of course, she is backed by two(2) older-'slamming', Blackbelt brother and sister, who provide superior support, having been all raised in our same dojo.

### Kaela Fiesta-15

As a sophomore at Sacred Hearts, she is focusing at law studies to continuing forward. Watch out! Of course, and not uncommon in any dojo setting, she competed with Jaclyn in the finals in #154 HHSAA Championships and both showed the dojo spirit in judo. Sensei Axel went to St. Louis and knows those Sacred Hearts girls are fighters and protect each other from outside intrusions.



### Marina Higa-18

A very agile judoka with outstanding performing athleticism, she is a senior at McKinley High School with visions and determination that she can and will take care of herself. She was undefeated in the #115-OIA Championships and placed 4th at HHSAA. Again, she is spurred on by her Blackbelt older sister but provides inspiration to her up-and-coming kid-sister and all the female judokas in the dojo.

### Troy Williams-17

From a continuing judo family and the baby, he follows his older brother and sister who are Hawaiian warriors. Troy fought and placed second in #161 OIA Championships. He is a junior at Castle High School (also in wrestling) and is determined to move on to excel in the warmth of his loving ohana. CONTINUED ON PAGE 10



Photos and Collage  
by Ruth Tokumi

# 2013 Midou Ensoukai

Kyoto, Japan April 14, 2013



*Anata to Deatte*

*"Anata to deatte Watashi wa Ima koko ni ikite iru Ah.....  
Sono imi o kanji te ika sare te masu"*

## Midou Ensoukai Gathas

*Yasashisa ni Deattara  
Go-On Ureshiya  
Sogogoto ni Hyakusen no  
Nembutsu  
Onamae Yobeba  
Anata to Deatte  
Hotokegama wa  
Futari no Kagenimo*



**Hawaii Betsuin Choir members**



**Arigato! Midou Choir Director Hiroshi Nanjyo**



**Mahalo! M.C. Rev. Shoko Shikata**



**Pianist Keiko Suzushika & Organist Yuri Fujiyabashi**

## Temple News and Activities

### Choir Takes Japan Spring Tour April 8 - 16

Francis Okano



"Aren't you 'templed out'?" our tour guide asked, scanning our itinerary chock full of temple visits each day. Many an American tour group quickly tires after seeing only a few Kyoto temples, he explained. Temples, we assured him, are what we came to see. If ours was not exactly a "temple tour," I had to admit it sure looked like one!

Flying over the Pacific, twenty-six individuals who made up the Hawaii Betsuin tour group left their daily cares behind to step back in time. We visited the sites of key institutions of Japan's early years, namely, Mt. Hiei and Mt. Koya, the Tendai and Shingon monasteries founded by 8th-century priests Saicho and Kukai, for their visionary break from Nara toward the eventual flowering of home-grown Japanese Buddhism. Along the way, we stopped at a) Mt. Yoshino for sakura viewing and to see Zaodo (a *shugendo* temple) and Yoshimizu Shrine (home of Emperor Go-Daigo's 14th century Southern Imperial Court); b) Kyoto temples pivotal in Shinran's life -- Rokkaku-do (where Shinran dreamt of visiting Honen), Shoren-in (where Shinran was ordained at age nine), and Chion-in (where he became a disciple of Honen); c) Honzan, of course, for its back-room "treasures" and

for the annual Mido Ensoukai; and d) the charming temples of Sanzen-in, Hosen-in, and Jakko-in in rustic Ohara.

To be sure, it was not *all* about temples. We sampled the bright lights of Gion's famed Miyako Odori, got a whiff of Ichiriki Ochaya in passing, strolled through narrow Pontocho, and took in a refreshing *ikebana* exhibit at the Ikenobo Headquarters. An unexpected treat was a *shugendo* parade at Yoshino, celebrating spring, in which we spied our ryokan clerk march by as flag-bearer in period costume! And, yes, women outnumbered men among us, meaning there was *much* shopping!

If Mido Ensoukai felt different from before, it was size. While the traditional fall concert is said to draw 750 singers per day, this spring event, a very recent and tentative calendar add-on, numbered 100 singers the day we sang. The "small" choir, however, was impressive for its intensity of musical expression, thanks to skilled conducting and a quick one-hour rehearsal. Beauty filled the large Amida-do as singers gave their all. Hawaii can be proud of its contribution to the event, Mrs.

Saito's and singers' hard work having paid off handsomely!

We were fortunate for the loving kindness on display every day of the tour. Ayumi, Emma, and Grant helped their energetic mothers and others up and down steep steps and along miles of pavement. Ethel, Lois and others stuck faithfully by those needing a helping hand. And Craig and Fran volunteered to be the group's tail that swept everyone before them -- even "herding" a "stray sheep" or two along the way! The "human canes" in our midst, as Lillian so nicely put it, were welcome relief on an otherwise long road!

Were you there, you might have been captivated as were we by our fun-loving tour guide. A disheveled sexagenarian (who could use a haircut), he was quick to rattle off two dozen "opposites" between the U.S. and Japan -- ranging from the placement of honorifics before versus after a name (*Mr. Tanaka* versus *Tanaka-san*) to the vertical (U.S.) versus horizontal (Japan) alignment of green-yellow-red traffic lights. I forget the rest, dazed as I was by it all! As we wound our way over mountain roads, we learned from this raconteur why he is still single (first-born sons in Japan who live with aging parents scare away brides); where he will eventually retire to (likely the Philippines, where his girlfriend lives); why he bought *omiyage* for his live-in 91-year-old mother (to sweeten the handing over to her of his dirty laundry). And he showed he could croon like Elvis, rendering a karaoke *Love Me Tender* in soothing baritone....after which he confessed he sings better at night after a few drinks!

Looking back, we are thankful for heartwarming memories, yet mindful how swiftly life's pace consumes us once we are home. We come to terms as we must: resuming our separate yet connected lives, we hope to have learned something heartfelt of the world, of ourselves, and, most of all, of each other.



## News from the Kyodan

### RETIREMENT OF GOMONSHU

Honzan reported that the Gomonshu Koshin Ohtani made an official announcement at the annual Spring Service (Commemoration of the establishment of Jodo Shinshu) on April 15, 2013 that he will retire from his position of "Monshu" as of June 5, 2014.

### AFFIRMATION RITES TO BE HELD AT MOILILI HONGWANJI

Moilili Hongwanji will be hosting the Affirmation Rites on June 16, 2013. The ceremony will begin at 1:00 pm officiated by Bishop Eric Matsumoto. For more information and the application form, please contact Moilili Hongwanji at 949-1659.

### SOCIAL CONCERNS COMMITTEE

The committee made the following recommendations for disbursement at its meeting on April 27, 2013 and this was approved at the Hawaii Kyodan Board Meeting on May 4, 2013.

1. Papaaloa Hongwanji Mission for donation to Laupahoehoe Charter School for purchase of Hybrid School Bus (\$1,000)
2. Hawaii Nikkei History Editorial Board for publication of the book "Japanese Eyes, American Heart: Learning to Live in Hawaii" (\$1,000)
3. Hawaii People's Fund for supporting social and economic change in Hawaii (\$1,000)
4. Lihue Hongwanji Mission for donation to Kauai Economic Opportunity, Inc. for supporting their homeless program. (\$500)
5. National Queer Asian Pacific Islander Alliance (NQAPIA) Community Catalyst Awards Program Book Ad honoring Esera Tuaolo, Former NFL Defensive Tackle and Local 5 UNITE HERE for social and economic justice work. NQAPIA is holding their Annual Leadership Summit in Hawaii on July 25-28, 2013. (\$100)

2013 Golden Chain Grant Submission Deadlines: July 31, 2013 / October 31, 2013.

The application form can be downloaded at [http://hongwanjihawaii.com/news\\_events](http://hongwanjihawaii.com/news_events).

## Ministerial Changes

An Aloha Tea Party for **Rev. Richard Tennes and his wife, Parinya**, was held on Sunday, April 28 in the Mail Social Hall after the English Service. Rev. Tennes began his work for Hawaii Betsuin in October, 2008, and developed an Buddhist education program that is called the Dharma Light Program. He will be reassigned to Kahului Hongwanji effective, July 1, 2013. Best wishes to Rev. Tennes.

**Rev. Arthur Kaufmann** of Aiea Hongwanji will be assigned to Hawaii Betsuin effective, June 1, 2013. He received the Honpa Hongwanji's Ministerial Training, including Tokudo (minor ordination) and Kyoshi (Formal ordination). Previously, Rev. Kaufmann served Hilo Betsuin as a Minister's Aide. Welcome aboard, Rev. Kaufmann.

The Bishop's Office announced that three ministers will be coming from Japan this summer. After orientation at the Hawaii Kyodan, they will go through another orientation at Hawaii Betsuin and Hilo Betsuin. They are **Rev. Mieko Majima, Rev. Satoshi Tomioka, and Rev. Shinji Kawagoe**.



Owen Lee Oshima  
Pre-Need Counselor

1347 Nuuanu Avenue  
Honolulu, Hawaii 96817  
Phone: 808 529-0373  
Fax: 808 536 9588  
Cellular: 808 741 6936

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## Temple News and Activities

### News from the Buddhist Women's Association

Fujiko Motobu, President

#### BWA COMING EVENTS

**June 15:** The Honolulu United BWA Educational workshop will be held at Jikoen, sponsored by Kailua Hongwanji BWA. It will begin at 8:30 am until 2:00 pm. Registration and Lunch will be \$10.00. The theme of the workshop will be "Live the Teachings."

**June 16:** Fathers' Day breakfast sponsored by Sudhana Fellowship.

**June 23:** Mini market by the BWA

**June 28-29:** Bontique preparation and help is needed. Check with Liane Wong.

**June 28-29:** Annual Betsuin Bon Dance. Help needed in dressing and manning the bontique shop.

#### BWA SUPPORTS GRADUATES

The BWA participates and celebrates joyously with all the graduates from PBA, Hongwanji Mission School 8th grade class, Fort Gakuen graduates, and the Dharma School graduates. Plaques and gift cards are given to the different classes. There are five students graduating from Fort Gakuen, and two students will be graduating from dharma school. Congratulations to all of you. We wish you much luck and success in the future.

#### NEW SECRETARY FOR BWA EXECUTIVE BOARD

HHHBBWA is probably the first BWA organization with an auxiliary male member, who is now the secretary. Since January, 2013, there was no secretary in the organization, and at each meeting someone had to pinch hit. Finally, in the month of May, a volunteer appeared, with much coaxing from first vice president, Florence Wasai. He is Dr. K. Kenneth Siu, MD, retired from the military where he served for sixteen years. He attended John Burns School of Medicine and became a pediatrician and practiced for many years before he entered the military and served as a surgeon, and then retired. We welcome Dr. Siu and hope he will enjoy the activities of BWA. We really appreciate his spirit of dana in volunteering for us. Thank you.

#### ARE YOU HEALTHY

Did you know that music has tremendous power. Music therapy is used to treat illness, and it can enhance moods and calm those who are agitated. Therapists are now considering music in caregiving. A geriatrician medical doctor said that she cannot talk with her grandmother who

has Alzheimer's disease, which has left her without the ability to converse or recognize her, however, the two can interact by singing. They sing a folk song which her grandmother had taught her as a child, and for 45 seconds, life is completely normal. The grandmother and MD doctor grandchild, can interact through old, old music.

In ancient Greece, Aristotle and Plato recognized the healing power of music, and they wrote about it. Music therapy debuted in 1950, but only recently it has gained many fans, including hospitals, adult day care, senior centers and nursing homes.

Most people remember music from childhood or in their youth. In realizing this, perhaps at the temple we should sing more gathas that we learned in Japanese, especially with the seniors. Many remember the gathas as well as sutras, all in Japanese language. English translations are fine; however, now that we know that music is therapeutical, perhaps it should be enhanced and we can sing in Japanese language more and more.

At the nursing homes, the seniors all love to sing the old, children's songs which they learned in their childhood. Adding the ukulele and harmonica makes it all the more fun for everyone. Sitting together and listening to music can be bonding. Music can be a great source of pleasure and relief and music helps one get away from everyday problems.

BWA continued on page 10

### Tickle your funny bone....

There are many attorney jokes. Here's one.

At the court, before the judge, the attorney asked the witness: "What is your date of birth?"

The witness replied, "July 18th."

The attorney then asked, "What year?"

The witness replied, "Every year."

## Temple News and Activities

### BWA Recipe Of The Month:

#### SALMON CAKES WITH LEMON-CAPER SAUCE

Contributed by Dr. Margaret Oda, who got the recipe from the Heart-Brain Diet of Tufts University, tried it and made some of her own adjustments and is sharing it with us. I tried it, and it's fabulous, so try it too.

Pre-heat oven to 450 degrees:

3 slices whole wheat bread, crust removed, torn into pieces (I use panko, instead)

3 tsp. olive oil, divided

1 cup onion, finely chopped

½ cup celery, finely chopped

1 15 oz. can salmon, drained

2 large egg whites

3 tablespoons fresh dill or 2 tsp. pepper, ground

#### SAUCE

¼ cup light mayonnaise

¼ cup low fat milk

1 tablespoon lemon juice

1 tsp. Dijon mustard

1 Tablespoon capers, minced, drained

1 tsp. lemon zest, grated

#### COOKING INSTRUCTIONS

1. Place bread in food processor until it becomes coarse crumbs (I use panko instead)
2. Heat tsp oil. Add onion, celery. Saute few minutes. Transfer to small bowl.
3. Flake salmon in small bowl, remove skin, crush bones
4. Whisk egg whites until froth. Add dill or pepper, bread crumbs, onion mixture, salmon. Mix well. Shape into 8 patties.
5. Heat remaining 2 tsp. oil. Add 4 patties. Cook until brown. Remove from skillet and turn on prepared baking sheet. Bake patties until firm and hot, about 20 minutes.

#### SAUCE

1. Place mayonnaise in small saucepan. Gradually whisk in milk, lemon juice, mustard.
2. Warm over medium, beat, whisking constantly until mixture is smooth and heated through but not bubbling.
3. Remove from heat. Stir in capers, lemon zest. Serve patties with sauce. ENJOY!

### Judo Academy News Continued from page 5

#### Lukela Los Banos-18

This Blackbelt judoka is pre-destined to move on in higher education at UC-Colorado Springs and is an inductee at the Olympic Training Center in Colorado Springs. He placed 5th in #220 at HHSAA, which is heavier than his current fighting weight. He has already been awarded scholarships and is scheduled for fully-funded training at US-OTC after graduation from Maryknoll High School. He paved his own path and it is 'set in stone'.

Our judokas' next focused training is to prepare for the 54th Annual, Honpa Hongwanji Judo Federation State Championships, hosted by Wailuku Hongwanji Judo Club on Maui during the Labor Day weekend. This prestigious, HHMH event provides inter-island rotations to conduct two days of grueling competition in katas, dojo teams as well as individual divisions. Good luck & Gambate!

The cornerstone of Honpa Hongwanji Hawaii Betsuin Judo Academy is the conscript that Judo is the stepping stone to personal development and higher education to cross the river of life. The decision to excel in anything is yours. Let us help you to achieve this.

(The humble judokas declined to submit for a group photo.)



# Honpa Hongwanji Hawaii Betsuin Events Calendar

The Goji provides this monthly Events Calendar to keep everyone informed about cultural activities at our temple.  
Please help us by submitting information by email to  
[hibetsuin@hawaii.rr.com](mailto:hibetsuin@hawaii.rr.com),  
or by calling the Betsuin office at 536-7044.

## June 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>June 30</b> 8:00 – Rev. Makino 9:00 – No Service 10:00 – Rev. Kaufmann 1:00 – Rev. Hojo						1  10 am Hawaiiana  1 pm Taichi
2 8:00 – Rev. Muneto 9:00 – Rev. Kaufmann 10:00 – Rev. Sumikawa 1:00 – Rev. Muneto  11 am Taiko (HMS Gym)	3 9 am – 1:30 pm Rhythm & Life	4 9 am – 1:30 pm Rhythm & Life  6-8 pm Judo	5 9 am Wednesday Grp 9 am Japanese Language 1 pm Flower Arrangement 7 pm Meditation 7 pm Bon Dancercise	6 9 am Flower Arrangement 11:30 am Sahn Bo Dahn 5:30 pm Choir Practice 6-8 pm Judo 7 pm Ballroom Dancing	7 9 am Project Dana Dance	8  10 am Hawaiiana  1 pm Taichi
9 8:00 – Rev. Hojo 9:00 – No Service 10:00 – Rev. Kaufmann 1:00 – Rev. Hojo  11 am Taiko (HMS Gym)	10 9 am – 1:30 pm Rhythm & Life	11 Kamehameha Day (Holiday)  9 am – 1:30 pm Rhythm & Life ( <b>cancelled</b> ) 9:30 am Shodo Class 6-8 pm Judo	12 9 am Wednesday Grp 9 am Japanese Language 1 pm Flower Arrangement 7 pm Meditation 7 pm Bon Dancercise	13 9 am Flower Arrangement 11:30 am Sahn Bo Dahn 5:30 pm Choir Practice 6-8 pm Judo 7 pm Ballroom Dancing	14 9 am Project Dana Dance	15  1 pm Taichi
16 Fathers' Day 8:00 – Rev. Okano 9:00 – No Service 10:00 – Mr. Goto 1:00 – Rev. Muneto 11 am Taiko (HMS Gym)	17 9 am – 1:30 pm Rhythm & Life	18 9 am – 1:30 pm Rhythm & Life  6-8 pm Judo	19 9 am Wednesday Grp 9 am Japanese Language 1 pm Flower Arrangement 7 pm Meditation 7 pm Bon Dancercise	20 9 am Flower Arrangement 11:30 am Sahn Bo Dahn 5:30 pm Choir Practice 6-8 pm Judo 7 pm Ballroom Dancing	21 9 am Project Dana Dance	22  1 pm Taichi
23 8:00 – Rev. Muneto 9:00 – No Service 10:00 – Rev. Hojo 1:00 – Rev. Umitani  11 am Taiko (HMS Gym)	24 9 am – 1:30 pm Rhythm & Life  <b>7:30 – Bon Dance Prac.</b>	25 9 am – 1:30 pm Rhythm & Life 9:30 am Shodo Class 6-8 pm Judo  <b>7:30 – Bon Dance Prac.</b>	26 9 am Wednesday Grp 9 am Japanese Language 1 pm Flower Arrangement 7 pm Meditation <b>7:30 – Bon Dance Prac.</b>	27 9 am Flower Arrangement 11:30 am Sahn Bo Dahn 5:30 pm Choir Practice 6-8 pm Judo 7 pm Ballroom Dancing <b>5 – Bon Dance Prep.</b>	28 9 am Project Dana Dance   <b>Bon Dance</b>	29 10 am Hawaiiana   <b>Bon Dance</b>

## Hongwanji Radio Programs JUNE 2013

KZOO 1210 AM

Japanese Language  
Saturday at 7:30 AM

- 1 Rev. Kawaji
- 8 Rev. Okano
- 15 Rev. Toshima
- 22 Rev. Okamoto
- 29 Rev. Hojo

## Betsuin Services Adult English Services 10am Services

- 02 Rev. Bert Sumikawa
- 09 Rev. Arthur Kaufmann
- 16 Mr. Alan Goto
- 23 Rev. Tomo Hojo

## ON. FUKU

### Dharma School Service 9am

- 02 Rev. Arthur Kaufmann
- 09 No Service
- 16 No Service
- 23 No Service

### Nursing Home Services

- 06 Hale Nani  
Rev. Kaufmann  
Hale Ho Aloha  
Rev. Sumikawa
- 13 Maluhia  
Rev. Kaufmann  
Liliha – Rev. Hojo
- 14 Hale Pulama Mau  
Rev. Muneto
- 27 Nuuanu Hale  
Rev. Sumikawa
- 28 Leahi – Rev. Hojo

## Obon continued from page 1

me. My father had his father and mother, and so did my mother. They both had a set of parents. My grandparents also had their set of parents. My great-great-grandparents had their set of parents.

It has been said, that if we go back just 10 generations, we have 1,024 direct ancestors. If we go back 20 generations, we have over 10 and a quarter million direct ancestors. If we go back 40 generations, we can count 1,099,511,627,776 (one trillion, 99 billion, 511 million, 627, 776 direct ancestors.)

So my life, your life, is made up of the many, many lives of our ancestors. If only one of the one trillion plus ancestors is missing, we would not be here today, and that is a guarantee. Obon services then, should be looked upon as being an opportunity to listen to the Buddha Dharma and to express our gratitude to Amida Buddha and to our family members that have passed away. By realizing the true significance of the Obon season, in the light of the Jodo Shinshu teaching, it will become more significant and meaningful to us.

So it is with kang-i-e, gathering together in joy, that we look upon this lone pine standing all alone in a devastated land and the lone cypress of Monterey as a symbol of hope, strength and perseverance during this, the beginning of the Obon season as we reflect on the many gifts we have received from those that have gone before us.

Namo Amida Butsu

## New Betsuin Website Committee Welcomes Your Ideas and Participation

A committee is forming to create and launch a new website for the Hawaii Betsuin. We have a good start in identifying content and features for the new site. Do you have ideas for how the website could best serve the temple and its affiliated organizations? Do you



have photos to contribute to a pool of images for possible use on the site? If you would like to participate in the website project in these or other ways, please contact committee member David Atcheson at david@atcheson.net or by phone at 808-223-9467.

南无阿弥陀佛

The great practice is to say the Name of the Tathagata of unhindered light. This practice, comprehensively encompassing all practices, is perfect and most rapid in bringing them to fullness. For this reason, it is called "great practice." Saying the Name then breaks through all the ignorance of sentient beings and readily brings all their aspirations to fulfillment. Saying the Name is in itself mindfulness; mindfulness is nembutsu; nembutsu is Namu-amida-butsu.  
- Shinran Shonin



このようなスケールの大きな教えがほかにあるでしょうか。どこにもありません。親鸞聖人だけがそうおっしゃられたのです。

ですから、ハワイ別院の建物がインド風でもギリシャ風でもいいのです。みんなちがっていても、阿弥陀様のご本願はけっして見捨てはしません。本願を信じ念仏申せば仏になる、ことはまちがいありません。

ですから、ハワイ別院の建物はすばらしいと思います。

すべての人々をつつみこんで、救われる姿を現してくれているのだと思います。お念仏のみ教えが、形になっっているのだと思います。このような別院で働くことができるのはとても幸せなことだと思います。

みなさまも、こんなすばらしい建物を残してください。御先祖のみなさまに感謝させていだけましよう。そして、

その心を子供や孫に伝えていつていたただきたいと思えます。



ご案内

お盆のご案内

信徒のみなさま

み仏の光のもと、お元気のこ  
ととぞんじます。

ハワイ別院で左記の通りお盆  
の行事を執り行います。ご  
家族、友人をおさそい合わせの

上、お参りくださるよう、ご案内もうしあげます。

記

盆踊り

6月28日〔金曜日〕

6月29日〔土曜日〕

盆法要

7月7日〔日曜日〕

午前8時 日本語礼拝

午前10時 西山真理子先生 英語礼拝

午後1時 西山真理子先生 日中礼拝

講師 宗藤達雄輪番

盆参り

7月12日〔金曜日〕

午後4時〜午後7時

午後6時 合同礼拝〔英語〕

7月13日〔土曜日〕

午前8時〜午後7時

午前10時 合同礼拝〔英語〕

午後6時 合同礼拝〔日英〕

7月14日〔土曜日〕

午前8時〜午後7時

午前10時 合同礼拝〔英語〕

午後6時 合同礼拝〔日英〕

宗祖降誕会勤修

5月18日、19日の2日

にわたり親鸞聖人のご誕生をお祝いする降誕会法要が無事に勤修をされました。

ご講師はリフエ本願寺駐在開教使ブルース・仲村先生にお出でいただきました。

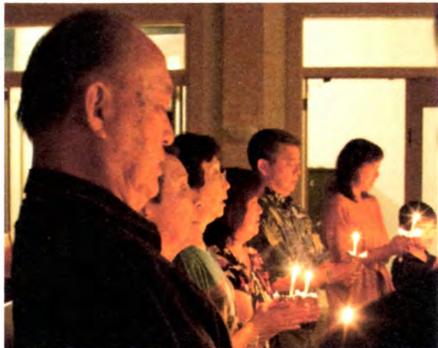


### ハワイ別院写真館

宗祖降誕会法要に合わせて書道クラス、生花クラスの展示会が執り行われました。



5月18日にキヤンドルライトサービスが行われました。



メモリアルデー礼拝では別院クワイアの皆様が歌って下さいました。



リチャードテネス開教使のコーヒーアワーが行われました。



### お盆を迎えるにあたって

お盆は浄土真宗では歓喜会とも言います。「盂蘭盆経」というお経がもととなつています。

お釈迦様のお弟子様であつた目連尊者が、亡くなつた母を餓鬼道という苦しみの世界から救い出すお話が説かれています。そのお話を通して、他の誰かではなく、私自身が仏法を聴

き、浄土へ生まれる真実の教えに目覚めていくことが、浄土真宗のお盆の本当の意味なのではないでしょうか。

そして、仏さまとなられた亡き人を偲ぶとともに、故人に導かれて私たちの日常の生き方を省み、欲を離れた施しの大切さを考える期間でもあります。

お世話になつたご先祖のために、何かをしてあげたいという気持ちは大切ですが、お盆だからお供えをして、お経を読みさえすれば、それで良いというのではありません。お盆とは亡き人が私たちに残してくれたさつた仏縁の中で、私たちが自身が命の喜びをいただく行事なのです。



がつ ほうえん  
6月の法縁

がつ か 6月2日	ごぜん 午前 8:00 ごぜん 午前 9:00 ごぜん 午前 10:00 ごご 午後 1:00	にほんごらいはい 日本語礼拝 らいはい ダーマスクール礼拝 えいごらいはい 英語礼拝 にっちゅうにほんごらいはい 日中日本語礼拝	むねとうたつおりんばん 宗藤達雄輪番 かいきょうし アーサー・カフマン開教使 かいきょうし バート・スミカワ開教使 むねとうたつおりんばん 宗藤達雄輪番
がつ か 6月9日	ごぜん 午前 8:00 ごぜん 午前 10:00 ごご 午後 1:00	にほんごらいはい 日本語礼拝 えいごらいはい 英語礼拝 にっちゅうにほんごらいはい 日中日本語礼拝	ほうじょうともかいきょうし 北條朋開教使 かいきょうし アーサー・カフマン開教使 ほうじょうともかいきょうし 北條朋開教使
がつ にち 6月16日	ごぜん 午前 8:00 ごぜん 午前 10:00 ごご 午後 1:00	にほんごらいはい 日本語礼拝 えいごらいはい 英語礼拝 にっちゅうにほんごらいはい 日中日本語礼拝	いんたいかいきょうし 岡野トーマス引退開教使 ほうじょうともかいきょうし 北條朋開教使 むねとうたつおりんばん 宗藤達雄輪番
がつ にち 6月23日	ごぜん 午前 8:00 ごぜん 午前 10:00 ごご 午後 1:00	にほんごらいはい 日本語礼拝 えいごらいはい 英語礼拝 にっちゅうにほんごらいはい 日中日本語礼拝	むねとうたつおりんばん 宗藤達雄輪番 し アラン・ゴトウ氏 うみたにとしゆきかいきょうし 海谷聡之開教使
がつ にち 6月30日	ごぜん 午前 8:00 ごぜん 午前 10:00 ごご 午後 1:00	にほんごらいはい 日本語礼拝 えいごらいはい 英語礼拝 にっちゅうにほんごらいはい 日中日本語礼拝	まきのしげのりいんたいかいきょうし 牧野繁徳引退開教使 かいきょうし アーサー・カフマン開教使 ほうじょうともかいきょうし 北條朋開教使

ほうそう ほんがんに  
KZ00 放送 本願寺アワー  
まいしゅうどうびごぜん じはん  
毎週土曜日午前7時半より AM 1210 Mhz



がつ ち 6月1日	かわじひろみんたいかいきょうし 川路広美引退開教使	がつ にち 6月29日	ほうじょうともかいきょうし 北條朋開教使
がつ か 6月8日	おかの いんたいかいきょうし 岡野トーマス引退開教使	スポンサー料は100ドル以上です。お申し込みは	
がつ にち 6月15日	としまりょうそういんたいかいきょうし 戸島良三引退開教使	ハワイ別院オフィスまで(電話番号536-704	
がつ にち 6月22日	おかもとしんごかいきょうし 岡本信悟開教使	4)。尚、講師は変更になることもあります。	

ケアホームビジテーション

がつ か 6月6日	ハレナニ	かいきょうし アーサー・カフマン開教使
ハレホアロハ	かいきょうし バート・スミカワ開教使	
がつ か 6月14日	クアキニ	むねとうたつおりんばん 宗藤達雄輪番
がつ にち 6月27日	ヌアヌハレ	かいきょうし バート・スミカワ開教使
がつ か 6月28日	レアヒ	ほうじょうともかいきょうし 北條朋開教使

びょういんほうもん あんない  
病院訪問のご案内

ハワイ別院では病気に成られた方や臨終が近づいて来られた方への訪問を行なっております。ご家族、お友達など周りの方でご存知の方がおられましたら、ハワイ別院オフィス(808)536-7044もしくはハワイ別院の開教使へご連絡を頂ますようお願いを致します。365日、24時間お待ちしております。