



SUNRISE MINISTRY FOUNDATION presents
“JOURNEYS TO WELLNESS III”

Saturday, October 18, 2014

The Community Church of Honolulu

2345 Nuuanu Ave. Honolulu, Hawaii 96817

- 8:00 am** Registration in the foyer fronting the sanctuary
- 8:30 am** Oli **Rev. Kekapa Lee**
Welcome **Rev. Dr. Wally Fukunaga**
Interpretive Dance **“Prayer in Movement”** **Valerie Payton**
- 8:45 am** Panel: **“The Role of Spirituality in Healing & Wellness”**
Dr. Jeffrey Akaka, M.D., Medical Director of the Diamond Head
Community Mental Health Center in Honolulu
Dr. Kalani Brady, M.D., Internal Medicine, Lau Ola Clinic
Dr. John Houk, M.D., Internal Medicine, Queen’s Medical Center
Dr. Naomi Morita, M.D., Staff Physician, St. Francis Hospice
Moderator: **Sr. Joan Chatfield, Ph.D.**
- 10:00 am** Break Coffee & tea available in Stephen Mark Hall
- 10:15 am** Reconvene for questions and open discussion
- 10:45 am** **Puaka `ana o ka la Awards**
- 11:15 am** Introduction of Workshops & Facilitators **Corey Wong**
#1 Dances of Universal Movement: Valerie Payton
#2 Essence of Ho`oponopono: Puanani Burgess
#3 Qigong & Taijiquan: Corey Wong
#4 Intercessory Prayer: Rev. Ron Williams
#5 Loving Kindness and Compassion: Gregory Pai, Ph.D.
#6 Mindfulness Meditation: Ernestine Enomoto
#7 Yoga: Ramdas Lamb, Ph.D.
- 12:30 pm** Lunch Stephen Mark Hall
Prayer of Gratitude **Rev. Ron Williams**
- 1:15 pm** 2nd Offering of Workshops (same locations)
- 2:30 pm** Summation Session in the Sanctuary **Rev. Wally Fukunaga**
- 3:00 pm** Circle of Aloha **Puanani Burgess**

Cost: \$25 (pre-pay) \$30 (pay at the event) includes lunch & materials
\$15 for full-time students.

To Register Contact: Manu Nae`ole manu@cchonolulu.org Ph: 595-7541
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