



1727 Pali Highway  
Honolulu, Hawaii 96813

# GOJI

Vol. 75 No. 12



DECEMBER 2020  
NEWSLETTER  
of the  
Honpa Hongwanji  
Hawaii Betsuin  
[hawaiihetsuin.org](http://hawaiihetsuin.org)

2020 Slogan:  
Building  
Healthy Sanghas:  
Embracing Generosity  
and Openness

BETSUIN  
MINISTERS

Chief Minister  
Rev. Toyokazu Hagio

Ministerial Staff  
Rev. Yuika Hasebe  
Rev. Sol Kalu  
Rev. Shingo Furusawa

## Bodhi Day – The day of Enlightenment YouTube, December 13, 2020 at 10:00 AM.

Over 2500 years ago, Siddhartha Gautama attained Enlightenment at the age of 35 as he meditated under the bodhi tree. By realizing the ultimate truth, Siddhartha became Shakyamuni Buddha: Awakened One. Since that day, people all over the world rejoice and are saved by the truth which Shakyamuni Buddha revealed. No matter where or when, people's suffering, that is birth, aging, sickness, and death, has never changed. The truth, which Shakyamuni Buddha taught us, is the one great torch to break the darkness of human suffering. Through Shakyamuni Buddha's teachings, we are fortunate to encounter Amida Buddha. Let us take this opportunity to sincerely realize how precious and rare this encounter is. For this year's Bodhi Day service, we are fortunate to have Mr. David Atcheson as our speaker. The service will be premiered on YouTube, December 13, 2020 at 10:00 AM.

### About Our Speaker: David Atcheson

David Atcheson grew up in Washington State, mostly in Seattle. His father (deceased) was an Episcopal priest and his mother was an educator. David has one sibling, an older brother Paul. The outdoors became a big part of David's life through Boy Scouts, a summer job in trail maintenance, and kayak trips in Canada and Alaska. After college in California, where David majored in English with a creative writing emphasis, David returned to the Northwest and worked as a technical writer (where he met his future wife, Penny) and later as an environmental campaigner and website developer. David, Penny, and their daughter Koki were members of Seattle Betsuin before moving to Hawaii in 2011, the year Koki started at Pacific Buddhist Academy (graduated 2015). David currently serves on the board of Hawaii Betsuin and on multiple statewide committees, including Social Concerns and Archives.



# Happy Bodhi Day!



## Dharma Message from Rev. Sol Kalu "Goodbye, Adios, Farewell, 2020!"

Aloha everyone! As this is the last issue of the Goji for the year 2020, it is only fitting and worth mentioning what kind of year 2020 has been. It will soon be etched in the memories of most people who were profoundly affected by the events that happened in the entire 12 months of its existence.

It goes without saying that year 2020 was the year of COVID-19, a deadly and extremely devastating pandemic, caused by a tiny organism, a virus that nonetheless is so virulent and readily adaptable, that the vast majority of the human race on this planet was caught unprepared by its onslaught. This is a zoonotic organism from which humans have had no previous exposure nor resistance, and therefore,

its spread was pervasive and so destructive. As of the latest count, over 54 million have been infected and 1,300,000+ have lost their lives, worldwide. Not only in terms of lives lost and health-related suffering, the pandemic has also disrupted the economies of many countries, resulting in lost jobs and numerous failed businesses.

Our temples, indeed, the entire Mission has had its share of the suffering brought about by COVID-19. But then again, it also proved the resiliency of the human spirit in the face of extreme adversities. We have managed to adapt and to learn new ways to conduct services and other functions that serve the spiritual needs of our members. Technology was harnessed to reach our Sangha through online services and meetings. Innovative ways of presenting the Dharma, expressing gratitude to the unsung heroes of this current health crisis, maintaining the education of children at Mission School and PBA, and keeping alive the traditions of honoring past and present people who have contributed much for the advancement of the Mission's goals and objectives have been formulated and executed through technology and the old-fashioned method of in-person interactions, albeit on a limited basis. Indeed, with the use of technology, the transmission of the teachings, the most important function of the temples, has not been disrupted to a large extent.

However, it should be pointed out that although technology has proven to be a useful tool in carrying on the dissemination of the Dharma, it is not and should not be viewed as a permanent substitute for in-person, live Dharma gatherings and sharing. One very important activity of the Sangha that COVID-19 has successfully taken away and technology cannot replace is the personal and physical interaction of people to discuss and share the Dharma. With only online Sunday services, the traditional after service so-

cial gatherings for refreshments and talking story is temporarily on hold for health safety reasons. The entrance to the social hall is now boarded up, the kitchen hasn't had any activities for months, and the main temple hasn't been used for some time for regular services. Sad, indeed, has been the year 2020 because of the corona virus pandemic. We are hoping that things will have a semblance of normalcy next year and will gradually return to what they were pre COVID-19.

And so, we will say goodbye to 2020 in a few more days. One of the Buddha's teachings tells us to not live in the past nor worry about the future but be in the present moment, the here and now, for it is all we really have. The year 2020 is on the verge of being relegated to the dustbin of history. Let us all make the most of what remains of this year and move on forward to 2021. We suffered during 2020, it's true, but we have learned a lot of ways for coping with the crisis. The virus has claimed hundreds of thousands of human lives, but it has not destroyed the human resilience, spirit, and determination to respond to any challenges that come. It is because we are more than just flesh and blood that's subject to impermanence and dissolution. No virus can defeat that which makes us more than corporeal beings. And that is our true inherent nature, the potential to evolve into beings of wisdom and compassion, to become Buddhas, as we reach our spiritual goal of Enlightenment.

May you all have a very happy and healthy new year 2021! Live long and prosper! Namo Amida Butsu!



# GOJI

The **GOJI** is a monthly publication of the Honpa Hongwanji Hawaii Betsuin, Tel. (808) 536-7044. There is no newsletter published for the month of AUGUST.

#### DEADLINE:

Articles must be submitted no later than the 10th of the month prior to publication by e-mail (execdir@hawaiiibetsuin.org), mail (1727 Pali Hwy, Honolulu, HI, 96813) or fax (536-0919). Address submissions to the **GOJI**. Please include your name and contact information. Original images should be labeled on the reverse side with caption and return information.

#### GOJI STAFF:

Editorial: *Jo desMarets; Dianne Ida, Randy Kawamoto, Rev. Shingo Furusawa*, Japanese section: *Rev. Masanari Yamagishi*, editor Production: *Stacy Bradshaw, Colleen Kunishige*; Circulation: *Stacy Bradshaw*; Contributing reporters from *Hongwanji Mission School, Buddhist Women's Association, Dharma School & Parents, Project Dana, Wednesday Gang and Gals, Green Team, Boy Scouts, Girl Scouts, Pacific Buddhist Academy, Betsuin Board and Social concerns, and the Kyodan*

The opinions expressed by individual contributors are their own and do not necessarily reflect those of the Honpa Hongwanji Hawaii Betsuin.

## President's Message from Dexter Mar

### Cheers for the Red, White, & Blue

While watching the recent election coverage that constantly referred to Red States and Blue States, the parable of the "Two Rivers, White Path" came to mind as a fitting metaphor for the raging red side and the turbulent blue side. Our teaching informs us that the only way to survive the perils of life is to navigate between the chaos along the white middle path by taking one step at a time guided by an entrusting heart and mind. Our teaching has universal meaning as a way to be "not red states and blue states, but the united states" through thoughtfully following the white path. The white path represents the connection and cooperation that we, as Dharma leaders, share with our community, nation, and world.



### How are we doing?

In January, your new Betsuin Board of Directors looked forward to an exciting year with the business office re-organization, capital campaign and operational fundraising, and building a Healthy Sangha through increased spiritual illumination. Of course, then the pandemic hit and life got turned upside-down.

How did we do in the face of Coronavirus? Our top priorities from the January 2020 GOJI are shown at the right. Those initiatives that involved social gatherings (1, 5) have been deferred. The other priorities, with some adaptations, have been completed or are continuing. Completed items are 2, 3, 4, 6, 10. Continuing projects are 7, 8. #9 was adapted to focus on operational fundraising instead of the capital campaign.

Most importantly, the Board guided our Betsuin community into a virtual world of connection and outreach, maintained the Betsuin budget with creative operational fundraising, and prevented any COVID-19 outbreaks on the Betsuin campus.

Of course, the challenges continue, just as the "white path" is continuous, and 2021 will be just as tough as 2020. Perhaps we can help make the white path an inch or two wider.

Betsuin Board members will be calling temple members for the next few months to talk story and check on how well the temple is connecting with you. Please enjoy the contact and share your stories!



### Top Priorities for January-March 2020

1. "Newcomers' Tea" launch
2. "Friends of Betsuin" membership launch
3. Obon re-imagining project
4. League of Women Voters workshop: January 28 – "Elections have Consequences"
5. Audio system upgrades
6. Hire a Project Manager
7. Lounge Construction
8. Board of Directors Leadership workshop
9. Launch individual giving for the Capital Campaign
10. Hire a Business Manager



## BWA News and Events

Fujiko Motobu

## COMING EVENTS:

Dec. 12 BWA Executive board meeting (via Zoom)

January 24, 2021 INSTALLATION of BWA officers.

PART 2 "Karma"  
by Tomo Izumi Mohideen

I had a classmate, Ayako Takamine, whose family was from Los Angeles. I cannot remember if her family was chosen to be sent back in 1944 when two shiploads of internees from our camp repatriated to Japan, or whether after the war, they opted to be sent to Japan.

It was on a Sunday, mid-morning in June of 1952, on my graduation day from McKinley High School, that my father called me at our home which was then on Houghtailing and Alani Streets in the McInerny Tract's sloping area below the Kamehameha Schools in Kalihi. He told me to go by bus to pick up the carnation lei he had ordered at Fujikami Florist on Nuuanu Avenue. He was too busy at the temple and perhaps he and my mother would not be able to even attend my graduation ceremony. (They barely made it in time but were able

to be at my graduation.) Why did my father order my lei at Fujikami Florist among all of the flower shops in Honolulu? And how fortunate it was that this flower shop was located on Nuuanu Avenue. Mr. Fujikami was a staunch member of our temple and he would be one of the hundreds of people to be a part of this incident.

Others included Ayako's family, being relocated to Tule Lake Relocation Center and then to our camp, President Franklin D. Roosevelt, who signed the Proclamations on December 7 and 8 to arrest "dangerous" aliens and the Executive Order 9066 to arrest, relocate and confine the West Coast Japanese aliens in camps, those FBI agents through the Department of Justice, that arrested us and the mainland internees, the State Department people that were in charge of us internees, their karmas also had brought Ayako and me to already



meet in the Crystal City Internment Camp in Texas.

I got off the bus at the corner of South King Street and Fort Street and was waiting for the streetlight to change to green to cross the street to walk to Nuuanu Avenue. Three persons, two middle-aged women and a young girl, came walking up from Nimitz Highway. The young girl asked me if I could direct them to a restaurant where they wanted to have lunch. They had just gotten off the ship at the Aloha Tower and they were headed for California from Japan. Days of eating food on the ship made them want to eat at a restaurant on shore. It was Sunday and the American Café and other nearby restaurants (long gone) were closed. I loved the Chinese food at Princess Chop Suey, located right after crossing Beretania Street, across from the Princess Theater, (both long

**continued on page 8**

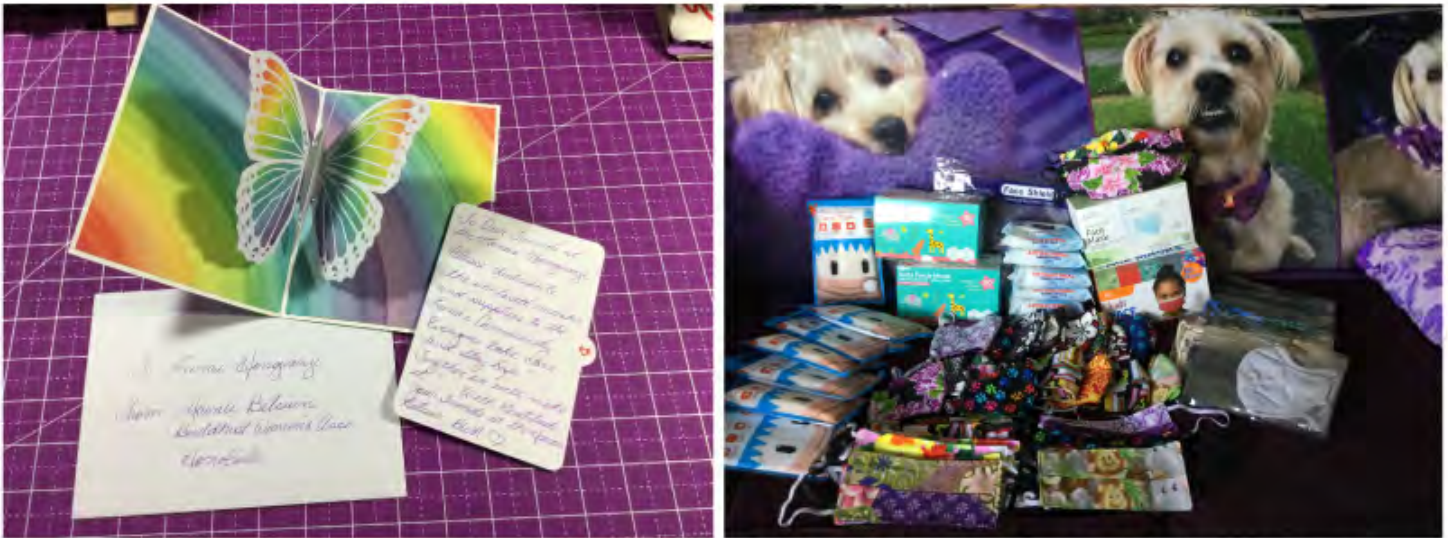
## Happy Holidays From the BWA Board of Directors &amp; Advisor!





## Masks with Aloha to Lanai

November 2020



Honpa Hongwanji Hawaii Betsuin BWA sent 400 masks, 6 packages of antibacterial hand wipes, and 2 face shields to the Lana'i Hongwanji for community distribution to help stop the spread of COVID-19 on their island. Our volunteers, consisting of BWA members and supporters, sewed 170 Keiki and adult masks, and donated 230 disposable masks. Two boxes were mailed to Kitty Nohara, President of the Lana'i Hongwanji who will coordinate distribution of the masks and supplies to the Lana'i community.





## BWA continued from page 4

gone) so gave them directions to go there.

I have a good memory for faces and names, and suddenly I saw that the young girl was someone familiar and it struck me that although she was not too long in my class, (her family came to our camp in 1944 from Tule Lake), I recognized her and excitedly asked her, "Are you not Ayako san? Takamine san?" She was taken aback, so surprised that someone in Honolulu would know her. I told her that I was her classmate, Tomoko Izumi, and we broke out in a big smile and hugged each other. We were friends at Japanese school, as were most of us that spoke English, although we were not allowed to speak English while at school. The students from Peru were also forbidden to speak Spanish while in school. I went to most of my friends' homes to play and chatted with them, of course, in English. Most of the students from the mainland and a few from Hawaii attended the English school. There were three schools in our camp, Japanese, English, and

German schools, for some German and Italian internees were also relocated and imprisoned with us.

This was truly a miracle to Ayako and me to meet. After the war, we Izumis returned to the Big Island's Papaaloa Hongwanji and the Takamines to Japan, and yet, eight years later, it was a miracle to meet again in Honolulu at the same place, with her ship docking at the Aloha Tower on Nimitz and Fort Street at the exact same time that I was going to Nuuanu Avenue. Wasn't it a miracle for it to be me to get off at that bus stop, and for it to be me that Ayako asked for a place to eat when there were 600,000 people in Hawaii at that time?

I thought of my father teaching us of this one aspect of people's karmas and was very happy and GRATEFUL to meet Ayako when she was going back to Los Angeles. Her family was called back by her older brother who had returned first to America and was bringing

his siblings back to America from Japan where they had endured hardship and suffering for many years with the lack of food and jobs during the war-torn post war period.

***To be continued. Part 3 will appear in the January 2021 issue.***

Due to the coronavirus pandemic, our activities have been cancelled and we are in despair not being able to get together in person! Our ministers were very creative and produced a comical Halloween video that is available on YouTube. We hope all of you have been able to watch it and laugh along.

The Sunday services are on the computer and are very interesting. Now we are able to listen to other ministers who are located in places that we have not been able to access and visit as we would like to. We have been able to listen to ministers from all the islands, Hawaii, Maui, Kauai, and their services are very interesting. Our local temples have their own Sunday services on YouTube, too. Search the YouTube site for the name of the temple you are interested in and see if they have posted their service. Moiliili Hongwanji has its Sunday service via computer.

**HUMOR FOR THE DAY**, contributed by Wendie Yumori.

A little girl visited her grandfather one afternoon and went straight for his computer. She began to type quickly, full of zest, which made her grandfather curious. He approached her and asked, "What are you typing?" She replied, "I don't know. I can't read. I haven't learned to read yet, Grandpa."

**Mahalo\*Arigato\*Salamat po\*Danke\*Gracias**

**Thank You for your Support  
of the Chicken / Sushi  
Fundraiser!**



**Thanks to you,  
it was a big success!**

**Mahalo to the Scouts and their  
parents for assisting with the pickup!**

# Kyodan Update: From the November 2020 HHMH Newsletter

## Condolences

**Reverend Arthur Marutani**, a retired minister of the Honpa Hongwanji Mission of Hawaii, passed away peacefully in Honolulu and returned to the Pure Land on October 22 at the age of 93. The private funeral service was held at Honpa Hongwanji Hawaii Betsuin on Saturday, November 14, 2020 under the officiation of Bishop Eric Matsumoto. The Ingo (Posthumous Title) of Jo-Sho-in was conferred upon Rev. Arthur Marutani by the Jodo Shinshu Hongwanji-ha Denomination in recognition of his exemplary achievements and accomplishments. "Jo-Sho" means "One who spread the pure illumination." Rev. Arthur Marutani became a Kaikyoshiho (Minister's Aide) in July 1985 and a Kaikyoshi Minister in 1990, and served at numerous temples on the neighbor islands and the island of Oahu. He retired in 1999.

## Personnel Changes

**Reverend Bruce Nakamura**, the Resident Minister of Honokaa Hongwanji Mission and the oversee minister of Kamuela, Kohala and Paauilo Hongwanji Missions, retired from Honpa Hongwanji Mission of Hawaii as of November 6, 2020. Rev. Nakamura served Honpa Hongwanji Mission of Hawaii for 32 years. Honpa Hongwanji Mission of Hawaii expresses our deepest appreciation and gratitude to Rev. Bruce Nakamura for his dedication and effort of spreading the Nembutsu Dharma to our members and community.

## Kauai Hongwanji Council Nembutsu Seminar Dec. 12

Kauai Hongwanji Council will host a Zoom Nembutsu seminar with Dr. Rev. Kenneth Kenshin Tanaka (Professor Emeritus, Musashino University, To-

kyo) on **December 12 from 3:00 pm - 5:00 pm**. The topic is **"An Introduction to the Essence and Practice of Shin Buddhism - A Path for Peace and Happiness for Oneself and Others-"**

**Registration is required.** Please go to the link (<https://forms.gle/kKX1sVSeHumPd8KP7>) and fill out the information. Registration deadline is Sunday, December 6. Maximum capacity is 100 people, first come first serve.

We will e-mail you a Zoom link a few days prior to the seminar. Registration fee is free but donations can be made to "Kauai Hongwanji Council." If you have any questions, please contact any of the Kauai temples.

## PROPAGATION PROGRAM GRANT

Honpa Hongwanji Mission of Hawaii "Propagation Program Grant Committee" would like to announce that "Propagation Program Grant" is available to all of you for "New and wonderful ideas for propagating Nembutsu teachings into our community." Would you like to share your wonderful and creative Dharma projects with all of our community? If so, take action right away! We all are looking forward to seeing your innovative ideas!

The maximum amount of the grant must not exceed \$10,000.00

For more information regarding this program or to apply, please check with your resident minister or HQ.

## HHMH Sharing the Dharma on YouTube (Search for the Hongwanji Mission of Hawaii on YouTube)

HHMH YOUTUBE CHANNEL PROGRAM HHMH continues to provide online programs as listed below. Videos will premiere on HHMH YouTube channel and become available on-demand. Please share this information with your family and friends and subscribe to it to continue receiving updates.



### ONLINE DHARMA MESSAGE SCHEDULE FOR DECEMBER 2020

12/06 No Online Dharma Message \*Hawaii Buddhist Council will premiere the Virtual Bodhi Day Service at 9:30am on HBC YouTube Channel. It will become available on demand. The guest speaker will be Dr. Kenneth Tanaka (Professor Emeritus of Musashino University)

12/13 11:00am	Rev. Toshiyuki Umitani (Moiliili Hongwanji Mission)
12/20 11:00am	Rev. Richard Tennes (Kahului Hongwanji Mission)
12/27 11:00am	Rev. Shinkai Murakami (Wailuku Hongwanji Mission)
12/31 7:00pm	Rev. David Fujimoto (Mililani Hongwanji Mission)

Also, check out the HEALTH CARE HEROES MAHALO VIDEO posted every Wednesday 12:00pm **"Health Care Treasures"** and Essential Workers

## Report on the 2020 Joint Honolulu / Oahu Districts Nembutsu Seminar

Saturday, October 17 - Going from Practical Buddhism to Truth Level Buddhism  
Bishop Marvin Harada, Buddhist Churches of America

More than 150 participants from across the islands, the Mainland, Mexico, Canada and other Buddhist sects joined us for our very first virtual Nembutsu Seminar. While the pandemic has created many challenges, it has opened the doors to opportunities for us to share the Dharma around the world.

We were all very inspired by the new BCA Bishop's presentation during which he shared quotes from Thich Nhat Hanh, the Dalai Lama as well as members of his sangha at Orange County Buddhist Church (OCBC).

Some memorable quotes from his presentation were:

- Shin Buddhism..." will not get you a million dollars, but it can help you to "feel" like a million dollars..."  
Byrda Hamada, OCBC
- ..."won't cure cancer, but can help you to 'embrace' your cancer."
- ..."is about the journey, not the goal."
- "To be on the path, be one with the goal."

Following Bishop Harada's presentation, there was a panel discussion featuring representatives from across our islands — Pieper Toyama, former HHMH President and PBA Head of School, Reverend Kerry Kiyohara, Makawao Hongwanji, Carol Valentine, President, Lihue Hongwanji, and Cristina Gervais, Sangha Activities Coordinator, Hilo Betsuin. Panelists shared their perspectives on the seminar theme as well as answered questions pre-submitted by the participants.

Many thanks to Reverend David Fujimoto, the emcee, Dr. Warren Tamamoto, panel moderator, Susan Oshiro (Oahu District Commissioner) for behind the scenes assistance sending email communications to the participants, and Joy Nishida for helping to set up and conduct our Zoom session. Plans are in the works for another virtual Nembutsu Seminar in March 2021...Please stay tuned!

Debbie Kubota - Commissioner, Honolulu District Buddhist Education Chair,  
Nembutsu Seminar Planning Committee

### Did You Know That Many Groups Observe Holidays In The Month Of December?

12/08 – Roman Catholic: Feast of the Immaculate Conception – celebrates the Roman Catholic belief that Mary, the mother of Jesus, conceived without original sin

12/08 – Buddhist: Bodhi Day (Buddha's Enlightenment) – Buddhists celebrate Buddha's attainment of understanding

12/10 – Jewish: Hanukkah (12/10-12/18) begins at sundown – commemorates the Jewish victory over the Syrian Greeks, ending a three-year period of religious persecution

12/20 – Pagan and Wiccan: Yule begins at sundown – sabbat celebrated on the winter solstice, often observed as the rebirth of the great horned hunter god and the newborn solstice sun

12/25 – Christian: Christmas – celebrates the birth of Jesus, a public holiday in many countries worldwide

12/26 - Kwanzaa - celebrates African culture and traditions. It is observed on December 26 through January 1.

**NOTICE:** If you recently received a letter stating that your Gojikai dues have not been received, it was sent in error! Due to office staffing issues during the early days of the pandemic, some of our records were not updated to reflect receipt of 2020 dues. If you paid your membership dues and received the letter, please call the office and give Colleen your payment info including the check number, check date, and amount paid so the records can be corrected. Please accept our profound apologies for this error. Letters regarding the 2021 Gojikai will be sent at a later date. If you have any questions, please do not hesitate to call the office. Thank you for your understanding!



# October 2020 Hawaii Betsuin COVID-19 Care Cards

(collages by Ruth Tokumi)

We miss you and want to stay in touch with you until we can all gather again in the Hondo ! If you haven't heard from us, PLEASE contact the Betsuin office to let us know how you are doing and if you have any needs that we may be able to help with! We are here for YOU!



If you would like to have a friendly conversation with one of our ministers, please call Rev. Yuika Hasebe at 536-7044!



We miss you and do not want to lose contact with you!



Hawaii Betsuin's BWA Executive Board wrote postcards on behalf of the Hawaii Betsuin ministers and staff. During the last weeks of Oct. 2020 the Board members sent good wishes to 718 temple members. To get the process going, the ladies practiced interdependence by sharing with each other, sayings or thoughts that they planned to write on their postcards.



**Radio Programs  
DECEMBER 2020  
KZOO 1210 AM  
Japanese Language  
Saturday at 7:30 AM**

05 Rev. Hiromi Kawaji  
12 Rev. Yuika Hasebe  
19 Rev. Shingo Furusawa  
26 Rev/ Ryoso Toshima

**All Betsuin  
on site  
services and  
activities are  
CANCELLED  
Until Further  
Notice**

The 10 am English  
services are  
premiered on  
YouTube



10 am Sunday  
mornings.

Go to the website  
hawaiibetsuin.org  
for a link

Please call the office  
at (808) 536-7044  
if you have any  
questions.  
**We are here  
for YOU!**

## In Memoriam



**OCTOBER 2020**

The Hawai'i Betsuin extends its deepest sympathy to the families of the following members who recently passed away. May the family members find solace and comfort in the Nembutsu. Namo Amida Butsu

07/11/20 KINOSHITA, Ronald Yukio (69)  
08/22/20 HIROHATA, George Nobuyuki (91)

02 KAGEURA, Setsuko (91)  
02 KAWANO, Fumie (93)  
04 YAMAKI, Glorian Fudeko (75)  
05 OKAMOTO, Harriet Harue (90)  
16 OKAI, William Tsutomu (81)  
20 KIDANI, Helen Haruyo (90)  
22 IKEDA, Paul Tsugio (92)  
22 MARUTANI, Rev. Arthur Hiroyuki (93)  
26 MORIOKA, Patrick Sueo (76)  
29 KOBAYASHI, Masaru (94)  
29 YONESHIGE, Mitsuyu (93)  
30 YAMAMOTO, John Akira (95)

**Nursing Home Services  
are cancelled until  
further notice**

### 2020 Memorial Service Schedule

2020 is the memorial year for those who passed away in:

2019: 1st year	2008: 13th year	1988: 33th year
2018: 3rd year	2004: 17th year	1971: 50th year
2014: 7th year	1996: 25th year	1921: 100th year



The great practice is to say the Name of the Tathagata of unhindered light. This practice, comprehensively encompassing all practices, is perfect and most rapid in bringing them to fullness. For this reason, it is called "great practice." Saying the Name then breaks through all the ignorance of sentient beings and readily brings all their aspirations to fulfillment. Saying the Name is in itself mindfulness; mindfulness is nembutsu; nembutsu is Namo-amida-butsu.

-Shinran Shonin