Buddhist Perspectives in Parenting

October 6,13,20: 3 Tuesday evenings, 6-730pm

Hongwanji Betsuin Shin Buddhist Temple

1727 Pali Highway, Honolulu

Emeritus Head of School, Pacific Buddhist Academy: Pieper Toyama

Course Objective:

Parents will explore, share, and develop parenting practices inspired by Buddhist values, beliefs, and perspectives. Through discussions, sharing, and reflection, participants will assess their current parenting practices. Through study and discussions, participants will engage with Buddhist teachings and then explore their applicability and relevance to their parenting practices.

Course Learning Opportunities:

By the end of the course, you will have the opportunity to:

- Reflect on and assess your current parenting practices
- Explore through readings, presentations, and discussions fundamental Shin Buddhist teachings that relate to parenting
- Develop effective parenting practices that are rooted in Shin Buddhist teachings
- Meet parents who share your concerns and learn from them.

Textbook: **None**

Class Etiquette

All questions and inquiries are welcome. There is no such thing as a "silly" question or irrelevant point of view so feel free to ask questions, comment on, or even challenge the material presented in class.

Child Care

Available in rooms nearby the classroom (Annex Temple)

Class Schedule

Session 1: Introductions, Setting Directions, Sharing Basic Buddhist Teachings, Connections

Session 2: Life as it Really Is: Daily interactions and communication. Guidance and conflict. Values and parenting practices

Session 3: Now What? Putting the Path in order

Class schedule is subject to change and may be adapted to suit the interest of the course participants.