

## **SUICIDE PREVENTION**

# Learn the Signs --"Suicide can be prevented by knowing how to start the conversation and where to turn for help."

SPONSORED BY HONOLULU HONGWANJI COUNCIL FUNDED BY HONPA HONGWANJI MISSION OF HAWAII -- COMMITTEE ON SOCIAL CONCERNS

Monday, November 23, 2015 from 7:00 to 9:00 pm Honpa Hongwanji Hawaii Betsuin Annex Temple 1727 Pali Highway, Honolulu, Hi 96813

EVENT IS FREE AND OPEN TO THE PUBLIC

For more information please call the Temple Office at 536-7044

Enter temple parking lot from Lusitania Street

#### **ABOUT THE EVENT**

**Suicide** is the act of intentionally causing one's own <u>death</u>. It is the 10<sup>th</sup> leading cause of death worldwide. Event participants are offered the opportunity to learn about suicide and prevention strategies. We can work together to relieve suffering by breaking the silence on this significant social and mental health issue.

Professional staff members of the **Samaritan Counseling Center of Hawaii** will provide vital information on suicide prevention. This awareness and educational event is developed for parents/guardians, family members, spouses, caretakers of the elderly, teachers, religious leaders, community leaders, helping professionals, and all those whose lives that have been or may be touched by suicide and depression.

#### **Presenters:**

- Gary C. Augustin, PhD, LMFT; Executive Director/ Clinical Director, Ordained Minister
- Darcy Ing, PsyD; Psychologist

### **About the Center**



**Healing, Harmony and Hope** -- We are more than just a counseling center. Our professional counselors and therapists understand the close relationship between mind, body, spirit and community. We combine the best practices of today with an understanding of the power of sacred traditions to enhance our lives.

Our mission is to provide professional and accessible counseling sensitive to the spiritual traditions of individuals, families and communities in Hawaii.

Location: 1020 Beretania Street • Honolulu, HI 96814; Phone: (808) 545-2740

Hours: Monday – Friday 9am to 4pm

**Website:** http://www.samaritancounselingcenterhawaii.org/