

## **PRESS RELEASE**

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The members of Honpa Hongwanji Mission of Hawaii continue their effort to address and educate the community about human issues that impact our lives. **Suicide** is the act of intentionally causing one's own [death](#). It is the 10<sup>th</sup> leading cause of death worldwide. Event participants are offered the opportunity to learn about suicide and prevention strategies. We can work together to relieve suffering by breaking the silence on this significant social and mental health issue.

**SUICIDE PREVENTION -- Learn the Signs --"Suicide can be prevented by knowing how to start the conversation and where to turn for help." Monday, November 23, 2015 from 7:00 to 9:00 pm; Honpa Hongwanji Hawaii Betsuin Annex Temple, 1727 Pali Highway, Honolulu, HI 96813**  
**Free event. Public is invited.**

Professional staff members of the **Samaritan Counseling Center of Hawaii** will provide vital information on suicide prevention. This awareness and educational event is developed for parents/guardians, family members, spouses, caretakers of the elderly, teachers, religious leaders, community leaders, helping professionals, and all those whose lives that have been or may be touched by suicide and depression.

### **Presenters:**

- Gary C. Augustin, PhD, LMFT; Executive Director/ Clinical Director, Ordained Minister
- Darcy Ing, PsyD; Psychologist