



1727 Pali Highway  
Honolulu, Hawaii 96813

# GOJI

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OCTOBER 2018  
NEWSLETTER

of the  
Honpa Hongwanji  
Hawaii Betsuin

[www.hawaiihetsuin.org](http://www.hawaiihetsuin.org)

2018 Slogan:

Embrace Change:  
Harmony  
(Accept Differences)

BETSUIN  
MINISTERS

Chief Minister  
Rev. Toyokazu Hagio

Ministerial Staff  
Rev. Yuika Hasebe  
Rev. Joshin Kamuro  
Rev. Sol Kalu  
Rev. Shingo Furusawa

## Hawaii Betsuin Observes The Main Temple Building 100th Anniversary

The Honpa Hongwanji Hawaii Betsuin invites everyone to join in its observance of the 100th year anniversary of the Main Temple Building on October 13, 2018. Beginning 9:00 AM the celebration will commence with a Chigo Children's Parade where children will wear special kimono and make-up. There will be picture taking after the parade. This will be followed by a special Centennial Commemoration Service at 10:00 AM where several past Head Ministers or Rimbans of the Honpa Hongwanji Hawaii Betsuin will be in attendance. A catered bento luncheon in the Betsuin Social Hall will be served after the special Centennial commemoration Service.

To mark the 100th year anniversary of the Main Temple of the Hawaii Betsuin is a milestone in the history of the Honpa Hongwanji Mission of Hawaii. It is a reminder of the legacy left by our founder Shinran Shonin and the enduring influence of the Nembutsu teaching on the lives of the many past, present and future generations of Jodo Shinshu Buddhists who are walking the path of the Pure Land way. Let us observe this 100th year anniversary with deep joy and gratitude to Amida Buddha, to Shinran Shonin, and to the many people in the past and present who have contributed in every way to the continuation of the existence of the Honpa Hongwanji Hawaii Betsuin and look with renewed hope for its continuing mission of propagating the Nembutsu teachings in the future.



## Dana Awareness Sunday

The Hawaii Betsuin Project Dana invites you to our  
Annual Dana Awareness Service Sunday, Oct. 21 At 10:00 AM

The guest speaker will be Carla Houser, director of RYSE, a new shelter program for homeless youth. A light lunch will be served after the service. Please join us and learn about this exciting and much needed program in our community.

## Dharma Message: “Who is crying?” Rev. Yuika Hasebe

“When a person realizes the mind of nondiscrimination,  
that attainment is the state of regarding each being as one’s only child.

This is none other than Buddha-Nature”

(quoted from Hymns of the Pure Land)

Hello! I hope you are having a wonderful month of October. When we think about our everyday life, our days are not always sunny and bright. Sometimes, we have cloudy and gloomy days, rainy and stormy days. When I have a bad day, I usually call my family and talk with my mother or my sister.

One time, I made a huge mistake, and I was really disappointed with myself. That night, I cried when I called home. My sister picked up the phone, and

I talked to her about what happened and explained about the stupid mistake I made. I told her that I couldn’t do things which other people could do easily. I felt like I was a worthless and useless person, and I hated myself. I felt that nobody liked me, and nobody thought about me.

My sister listened quietly for a while. Then she said, “Yuika, our father would cry if he heard what you just said about yourself. I feel sorry for father.” I was surprised, and she said “Have you forgotten how much our father loved us when he was alive? If he heard that you thought you are a worthless and useless person, he would feel so sad and would cry. We are his worthwhile and precious children. We are his treasures.”

I realized that when my loved ones treat themselves badly, I feel sad. So,

likewise, if I treat myself badly, they would feel sad. We often forget that there are people who would cry if we treat ourselves disrespectfully.

When a child hurts himself or herself, his or her parents would worry about their child. When a child gets lost, the child would cry, but the parents would worry more. When a child physically gets hurt, even if the parents’ body is unharmed, the parents’ pain would be stronger and deeper than the child’s one.

Amida Buddha is our parents and always thinks and watches over us. We are all Amida Buddha’s children (Hotoke no kodomo) and treasured as an only child of Amida Buddha. When we cry because we are sad, in pain, or experiencing hardship, let us remember we are not alone. We are not crying alone. Our sadness and pain is also Amida Buddha’s. Amida Buddha is always there for us, understanding everything and embracing us always.



# GOJI

The **GOJI** is a monthly publication of the Honpa Hongwanji Hawaii Betsuin, Tel. (808) 536-7044. There is no newsletter published for the month of August.

### DEADLINE:

Articles must be submitted no later than the 10th of the month prior to publication by e-mail (execdir@hawaii.betsuin.org), mail (1727 Pali Hwy, Honolulu, HI, 96813) or fax (536-0919). Address submissions to the **GOJI**. Please include your name and contact information. Original images should be labeled on the reverse side with caption and return information.

### GOJI STAFF:

Editorial: *Jo desMarets; Dianne Ida, Randy Kawamoto, Rev. Yuika Hasebe, Japanese section editor*; Production: *Stacy Bradshaw, Colleen Kunishige; Joyce Tomita*; Circulation: *Stacy Bradshaw*; Contributing reporters from *Hongwanji Mission School, Buddhist Women’s Association, Dharma School & Parents, Project Dana, Wednesday Gang and Gals, Boy Scouts, Girl Scouts, Pacific Buddhist Academy, and the Kyodan*

The opinions expressed by individual contributors are their own and do not necessarily reflect those of the Honpa Hongwanji Hawaii Betsuin.

## 2018 Golf Tournament Another Big Success!

On behalf of the Honpa Hongwanji Hawaii Betsuin, I thank those who supported our 22nd Annual Golf Tournament, which was held on August 9, 2018 at the Ala Wai Golf Course. Despite the threat of inclement weather from the approaching Hurricane Hector and showers in Hawaii Kai, Windward and Leeward Oahu, we had a very nice and dry day at the Ala Wai. The 162 golfers, 34 volunteers, and numerous donations helped to make this tournament a very successful fundraising event.

In addition to a lunch, which included a croissant sandwich and spam musubi and a delicious L&L buffet dinner, the golfers left with great prizes.

We were able to raise over \$24,000, which will support our ongoing Youth, Cultural, and Buddhist Education programs. Thank you again for your kindness and generosity. Please mark your calendar for next year’s golf tournament: Thursday, August 8, 2019. Submitted by Melvyn Kawahara

## Betsuin BWA News and Events

Fujiko Motobu

OCTOBER, NOVEMBER, DECEMBER, three more months and year 2018 will be gone. How fast the days go by. If you want to stay healthy throughout your remaining years, you may need to change some of your life styles. Marjie Determan contributed some helpful ideas which she found in "Foothills Caring Corps" newsletter from Arizona. In it, Martin Luther King, Jr. said, "Life's most persistent and urgent question is: What are you doing for others?" We all want to be healthier and feel better. Did you know that volunteering your time to help others can reap mental and physical benefits? Volunteers enjoy lower stress levels and higher life satisfaction by simply volunteering. Heart Health: Those who volunteer were less likely to develop hypertension than those who didn't volunteer. Improved Lifestyle: Volunteers tend to feel better and more in control of their health. Volunteering made them feel physically better. Higher Level of Happiness: "Helper's High" describes the feeling linked to doing a good deed. This is when endorphins are released and you feel good when you do good things. Stress Management: Volunteering help to reduce stress while increasing self-esteem and satisfaction with life. Connection to Others: Volunteering allows you to connect with your community, making it a better place to live. Don't hesitate, VOLUNTEER!

Here's another article from Marjie Determan. This article is from The New York Times, by Jane E. Brody. It is entitled, Loneliness and how it affects our health. The harmful effects of loneliness and social isolation especially for the older ones can impair health by raising levels of stress

hormones and inflammation, which can increase the risk of heart disease, arthritis, type 2 diabetes, dementia and even suicide attempts.

Many older people felt isolated or left out and lacked companionship. They began to lose the ability to bathe, groom themselves, prepare meals and socialize with others and their cognitive skills declined and deaths increased over a 6 year study. Studies are being made as to who is likely to be most seriously affected and what kinds of interventions may reduce the risks. It is better not to be alone. Socializing is important. Come to the temple and socialize.

### BWA SEEKING DELEGATES FOR STUDENT EXCHANGE PROGRAM TO JAPAN: JULY-AUGUST 2019

Two Hawaii young women, ages 17-23 years old are being sought to go to Japan in 2019. They will spend two weeks with Japanese families and be exposed to Buddhist and Asian cultures. They will be missionaries of good will.

Application forms are available in the office and due on October 31, 2018. Several young women from

the Betsuin have participated in the past. They are Edlyn Muneto, Celeste Nagata Endo, Stacy Onishi Bradshaw, and in 2015, Koki Acheson. Upon returning from their trip an evaluation essay is required, and Koki has done an excellent evaluation of her trip, which is shared in this issue of the Goji on page 5. Koki is the daughter of Penny and Dave Acheson, and a PBA graduate. She is now a senior attending Colorado College in Colorado Springs.

### DANA CONTRIBUTION FOR YEAR 2018

Thanks to everyone who generously donated to the Dana fund, we collected over \$5,000 in contributions at the Hawaii Betsuin. This year's recipient is Kahauiki Village foundation on Sand Island where many affordable homes were built for the otherwise homeless families. The housing concept originated from Duane Kurisu who lived in the sugar plantation home in Hakalau on the Big Island.

The concept of helping women, children, and the elderly through Dana generous giving was established in 1965 at the 2nd World Convention in New York, therefore it has been in

CONTINUED ON PAGE 5



## BWA Mini Market

# Nov. 11, 2018

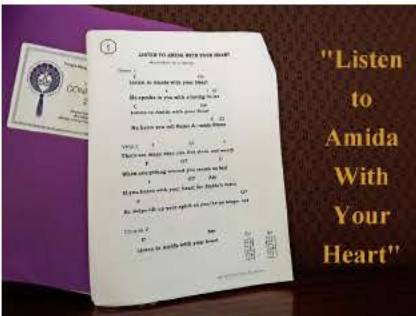
## Donations Needed and Appreciated!



# Honpa Hongwanji Mission of Hawaii Joint Conference 2018 Closing Service at Hawaii Betsuin September 3, 2018



Buffet Breakfast with Miso Soup before Closing Service



"Listen  
to  
Amida  
With  
Your  
Heart"



Piper Toyama, HHMH President  
Lois Toyama, Joint Conference Chair



Lois Toyama thanks Joint Conference Planning Committee



Living Treasures' Artwork



## Betsuin BWA News and Events continued from page 3

existence for 53 years. The Honolulu temple chapters include Hawaii Betsuin, Moiliili, and Jikoen. Until 2018 Kailua was also included until they dissolved. Liane Wong is the chair of this committee with members from the other chapters.

The organizations which are selected are given one thousand dollars per year for three years. This is the first year for Kahauiki Village, 2nd year for Project Vision Hawaii, 3rd year for Hale Kipa. Project Dana is a perpetual recipient.

Kahauiki Village has a very interesting history. It took businessman Duane Kurisu 6 months and 1 day to develop Kahauiki Village –a public-private housing project, to build a community, not just a shelter for Oahu's homeless.

There was nothing on a 11.3 acre parcel on Nimitz Highway, near the airport. Today black asphalt is around the \$12.4 million Phase One consisting of 30 prefab housing units—18 two bedroom and 12 one bedroom units, plus a community center, a police work station, a childcare center, preschool and sundry store. Work on remaining 120 units is to begin soon. Another interesting fact is that Kahauiki Village is powered by a clean energy power system, which is the first in the world, relying on solar power and back up generators.

The concept of harmonious living in a good supporting community is the theme for this village. Kurisu said he is amazed at the commitments of so many businesses, organizations and individuals supporting this project.

### NOW SOME HUMOR

A distraught senior citizen phoned her doctor's office. "Is it true," she wanted to know, "that the medication you prescribed has to be taken for the rest of my life?"

"Yes, I'm afraid so," the doctor told her. There was a moment of silence before the senior lady replied, "I'm wondering, then, just how serious is my condition because this prescription is marked 'NO REFILLS,' when am I dying?"

If money doesn't grow on trees, why do the banks have so many branches?

You know you are getting old when everything either dries up or leaks.

## Reflections on Japan 2015: Koki Atcheson, Student Delegate

When I think back on my recent trip to Japan, all that comes to mind is an overwhelming feeling of gratitude. The trip was filled to the brim with all sorts of activities that went above and beyond any expectation I had for my stay in Kyoto. Cristina and I arrived with wide eyes of wonder and, speaking personally, left with an even greater appetite to explore all that is Japan, all that is Jodo Shinshu. I hope to match the level of kindness we were privileged to encounter on our trip.

Everywhere Cristina and I went, we were greeted with open arms and generosity that made me feel welcome. Feeling connected to the people around me made being away from home easy. Particularly with the

Buddhist Women's Association fellowship, we were immediately treated like close friends. I have never met a group of ladies so lovely and energetic, yet filled with grace and compassion. Seeing their interaction, first in a social setting and then in a more business-like environment modeled versatility and adaptability.

From my understanding, kindness is a great part of what Jodo Shinshu is about. The strive toward peace can start on a small scale, even with inner peace. Reflection on peace was a big part of this trip for me, especially on the day we went to Hiroshima's peace park. Instead of having a regular tour led by someone affiliated with the mu-

seum, we spoke with an independent volunteer guide, an in-utero survivor of the bombing. Speaking with someone who actually experienced the effects of nuclear weapons firsthand was truly heartbreaking. I learned about the war from the opposite perspective from what American students are taught. This revealed huge parts of the story I had never heard, tragedies that made me ashamed to be American. In speaking with Cristina, I found she felt the same way.

After the visit to the Peace Park, we were grateful to have the chance to participate in a Peace Discussion with two ministers from Nishi Hongwanji. In covering the concept of global peace,

CONTINUED ON PAGE 6

## Reflections By Koki Atcheson continued from page 5

we came to the conclusion that an important first step is having inner peace. I've talked about this concept before, in classes and other discussions, but it really stuck with me this time. I was intrigued to find that so much of what I learned at Pacific Buddhist Academy is reinforced by this discussion. My time at PBA definitely prepared me for discussions like this, but it was interesting to compare to the perspective of a Japanese minister. Something that stuck out to me was their emphasis of the connection between harmony and peace. To me, and maybe this is an American view, peace seems to need more action where harmony is something that occurs naturally. However, this could have been a nuance of the word that was lost in translation.

Losing the meaning of things seemed to be a common theme of this trip as Cristina and I struggled with conversing in Japanese. We were so lucky that everyone was patient with our limited knowledge of the language. The experience was also very humbling, as we found ourselves in situations where we were completely overwhelmed. There were even more times that we would act as though we understood what was happening, and then when it became time to put the instruction into action, we were disoriented. Fortunately, everyone was kind enough to have an insane amount of patience with us, doing everything from translating what they could to repeating a sentence ten times.

One of the most patient and graceful people we met was Lady Otani. As I was going in to the audience with her, I think I was more nervous than I have ever been. I was unsure of what to expect, and the pressure was on as a representative of Hawaii and a young Buddhist. But, as soon as Lady Otani

entered the room, the energy shifted. The room had a lighter feeling to it, and I felt my nervousness turn into positive energy. Still, I stumbled over my words and ended up admitting my nervousness in my introduction. That sort of honesty helped me to continue to try my best to speak Japanese, even when I was terrified of making an offensive mistake. I am sure I made several, but the conversation seemed to flow somewhat naturally. There were definitely awkward pauses, but lots of smiling and nodding so I got the impression it was a positive experience for all parties involved. Drinking tea and eating the senbei together also felt very formal and ladylike. Despite the brief amount of time we spoke with Lady Otani, I got a good idea about what it means to be a Jodo Shinshu woman. Grace is the value that comes to my mind first. This comes with compassion, being a good listener, taking care of every person one encounters and evaluating how to act in every situation.

Grace can be paired with fun, too. I will always remember the exuberant interaction Cristina and I were able to share with the members of Japan's BWA. On the day of fellowship, I was able to clearly see how similar these women were to BWA members of Hawaii, but how differently these organizations functioned. Something that stuck out to me was every member's courage to try new things and willingness to go along with what was happening. Dressing up as a maiko was one of the many memorable parts of this trip, partly because I was surprised to see how excited the women were to participate. I am so glad they did, because it made the experience all the more valuable. Bonding over choosing kimono and taking pictures made me realize how

committed these women were to helping us have a good time. I wish I could have returned the favor, but the fellowship made me want to plan a similar activity someday.

Conversation with the BWA ladies reinforced my respect for them. I am so grateful they were patient in their conversation with us, and I was excited to hear about the prefectures they come from. It was so interesting to learn about their hometowns and lives back home; it made me want to visit more places around Japan. They all seemed incredibly kind to each other and dedicated to following the Eightfold Path. In conversation too, they were outgoing and spoke of their adventures traveling, and impressive careers (including a master kimono maker!). I was in awe of their ability to joke and laugh in a way that was respectful to all.

A conversation that will stick with me is the one Cristina and I had with the President of Japan's BWA. I learned that the difficulties of temples in Japan are similar to the issues of those in Hawaii, specifically the challenge of having younger and working-age members. This made me want to continue my involvement with the temple throughout my life. I was surprised to find out that a portion of Japanese Buddhist women will be asked to convert to their husband's religion when they get married. Before this, I had not even thought of changing my beliefs for a man, but now I am sure I would not make a change like that. Jodo Shinshu Buddhism is such a big part of my life, both socially and personally. I am incredibly indebted to this experience for making me feel this way, and helping me to understand what it means to be a Buddhist woman.

## Dharma School News

Debbie Kubota

### Sunday, August 19 - First Day of Dharma School & Taiko Session

The new Dharma School year began for the Betsuin on Sunday, August 19. It was great to see all of our returning families. In addition, we had 4 new families join us this year, with a total of 7 new Dharma School students.

We started the day with a service conducted by Reverend Yuika Hasebe. She shared a delightful story about how a rainy day can affect people's attitudes as compared to a nice sunny day. But it's important to appreciate all that we have no matter what the weather.



Dharma School families started practicing the song, "Peace is a Seed," which was sung together with the other Honolulu Dharma School families for the Peace Day Interfaith Celebration on Friday night, September 21 at the Hawaii Betsuin main temple.

Following the service, everyone headed to HMS for a rousing taiko drum session, led by Jovie Yoshioka and our very own Dharma School Taiko Group. Both young and old grabbed their "bachi" (drum sticks) and learned to play a local smorgasbord of foods—pipikaula lomi salmon, poi, teriyaki steak, loco moco, banana split—to name a few. To start and end the taiko piece, the group shouted "Itadakimasu" and "Gochisosama" — this really made for a yummy feast of local foods, played with taiko drum beats.

What a fantastic and fun way to kick off the new school year!

#### Here's an upcoming activity—Please join us!

Saturday, October 27 - Cub Scout Pack 49 Halloween Party—the Honolulu Dharma Schools will join Cub Scout Pack 49 for their annual Halloween party with dinner and a costume contest at the Betsuin Social Hall.



## New Water Cooler in Social Hall

After much waiting, our new water cooler and bottle filler was installed in our main social hall at the end of June, right in time for Bon Dance. The temple and membership would like to express our heartfelt thank you to Alan Tomita and the Special Events crew for your generous donation. Deemed the "Mary Tanouye's Fountain of Youth" in her memory, we can now enjoy refreshingly cold water and also fill our reusable water bottles with ease. Thank you to Alan and the Special Events crew for your generosity.





**Hongwanji**  
**Radio Programs**  
**OCTOBER 2018**  
**KZOO 1210 AM**  
**Japanese Language**  
**Saturday at 7:30 AM**

06 Rev. Hideaki Nishihori  
 13 Rev. Thomas Okano  
 20 Rev. Shingo Furusawa  
 27 Rev. Joshin Kamuro

**Betsuin Services**

**Asaji Service 8:00 AM**

07 Rev. Joshin Kamuro  
 14 Rimban Toyokazu Hagio  
 21 Rev. Shingo Furusawa  
 28 Rimban Toyokazu Hagio

**Adult English Services**  
**10:00 AM**

07 Rev. Shingo Furusawa  
 14 Rev. Sol Kalu  
 21 Rev. Joshin Kamuro  
 28 Rev. Yuika Hasebe

**Nicchu Service 1:00 PM**

07 Rimban Toyokazu Hagio  
 14 Rev. Joshin Kamuro  
 21 Rev. Shingo Furusawa  
 28 Rev. Yuika Hasebe

**Dharma School Service**

07 Rev. Yuika Hasebe  
 14 Rev. Joshin Kamuro  
 21 Rev. Sol Kalu  
 28 Rev. Shingo Furusawa

Everyone Welcomed!



**In Memoriam**



**AUGUST 2018**

The Hawai'i Betsuin extends its deepest sympathy to the families of the following members who recently passed away. May the family members find solace and comfort in the Nembutsu. Namo Amida Butsu

1/22/2018 SASAKI, Randall Mamoru (68)  
 7/25/2018 NAGATO, Eleanor Mieko (85)  
 7/30/2018 ITAI, Margaret Masako (79)

05 IDEMOTO, Ella Masako (78)  
 05 OHARA, Rev. Kenjyo (101)  
 10 ARIMOTO, Dorothy Tomoe (98)  
 13 YAMASAKI, Kimiko (92)  
 19 CAVALEAR, Ryan Danson (35)  
 19 SASABE, Tomiko (103)  
 25 HIGUCHI, Thomas Keiji (85)  
 28 YAMAMOTO, Walter Wataru (82)

**Nursing Home Services**  
**OCTOBER 2018**

04 Hale Nani – Rev. Kamuro  
 Hale Ho Aloha – Rev. Hasebe  
 11 Maluhia – Rimban Hagio  
 Liliha – Rev. Kalu  
 12 Kuakini – Rev. Furusawa  
 25 Nuuanu Hale – Rev. Kalu  
 26 Leahi – Rev. Furusawa

**2018 Memorial Service Schedule**

2018 is the memorial year for those who passed away in:

2017 – 1 year	2006 – 13 year	1986 – 33 year
2016 – 3 year	2002 – 17 year	1969 – 50 year
2012 – 7 year	1994 – 25 year	1919 – 100 year



The great practice is to say the Name of the Tathagata of un-hindered light. This practice, comprehensively encompassing all practices, is perfect and most rapid in bringing them to fullness. For this reason, it is called "great practice." Saying the Name then breaks through all the ignorance of sentient beings and readily brings all their aspirations to fulfillment. Saying the Name is in itself mindfulness; mindfulness is nembutsu; nembutsu is Namo-amida-butsu.

-Shinran Shonin